

Dear CCS Parents/Guardians,

Welcome back to Central City Grade School! I hope everyone had a great summer. We are looking forward to having a fun year in physical education. I have sent home a copy of physical education rules, expectations, and grading procedures for the year. Please take the time to read over them and ensure that your child understands them as well. I will have gone over the rules this week with all grades as well.

As stated in the Central City Grade School Handbook, students **MUST** have non-marking, soft-soled tennis shoes for physical education class. These shoes are to be **kept at school**, and are to be used when we have physical education inside in order to keep our gymnasium floor looking as clean and scratch-free as possible. If you have any concerns or problems about the shoes, please do not hesitate to contact me. In addition to the P.E. shoes, please be mindful when your child wears sandals or flip flops to school. These shoes are not appropriate or safe for physical education when we are outside on the blacktop or at the park, so if your child wears that particular type of footwear on a sunny day, please pack an older pair of tennis shoes with them to change into for outdoor activity. **Students will not be allowed to participate in physical education activities if they are wearing flip flops.** My first concern for your child is that they are safe and protected during activity.

Also stated in the handbook, students are expected to participate in all P.E. activities unless they have a valid excuse. Students may be excused from P.E. for 2 days by a parent/guardian request in writing. A written statement from their doctor is required for longer periods of time. This statement from the doctor should clearly state the **release date** that a student may return to P.E. with no restrictions. Students who are not allowed to participate in P.E. are also not allowed to participate in similar activities during recesses or field trips.

Please do not hesitate to contact me if you have any questions or concerns. I am looking forward to a great year in physical education. As always, thank you for your help and support.

Sincerely,

Mr. Jay Branon
Physical Education Teacher, Central City Grade School
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